



# WORKSHOP OUTLINE



## OBJECTIVE AND MATERIAL PREVIEW



The goal and purpose of these workshops is to help plan and prepare student athletes for life after sports. Even the very few who have the privilege of playing a game that they love as a profession, understand that the game never lasts forever. These informative and interactive workshops are intended to help you make the transition from a student athlete to a young professional, giving you the tools and information needed to spark your creativity and decide what life will look like when the final whistle blows! Below are a few of the key focus areas that will be covered.

